

# THE CCHS PULSE *newsletter*



Quarterly Newsletter

Edition 1, Issue 07

## OUR MISSION

Being called to follow the inspiration of the Gospel and the compassionate attitude of Jesus, we strive with conviction for excellence in all areas of training and nursing practice for the benefit of the community.

## OUR VISION

Catholic Church Health Services is an organisation whose members envision enhancing the quality of life of our people by providing a holistic approach to health care through trained, dedicated and compassionate staff.

## OUR VALUES

The Catholic Church recognises that training institutions, medical and nursing services are a continuation of the healing Ministry of Christ.

Therefore, our service will be comprehensive and holistic, embracing all people of our nation regardless of creed, colour or social status.

Catholic Church Health Services expects all of its personnel, regardless of whether they are paid or volunteers, to practice the values of:

- ⇒ Integrity
- ⇒ Justice
- ⇒ Compassion
- ⇒ Excellence

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## Operations must continue



**Diocese Health Service Integration Officer Sr Philomene (red shirt) being transported on tractor to Iowara Health Sub-Center for an outreach program.**

Catholic Church Health Services in Daru-Kiunga Diocese is taking the operation budget cut as a positive challenge to wisely priorities their programs and activities for this year.

“This has posed a big challenge for us on how well we will have to manage, priorities and implement our planned activities with the limited funds allocated,” Diocese Health Manager Eileen Liborius said.

In a circular to all the facilities, Liborius informed her staff to minimize expenses and spend according to Key Result Areas based on the outcome of the National Health Information System data submitted. The diocese is one of the most geographically challenged diocese, when it comes to service delivery. It has 22 health facilities currently in operation with a majority of them in rural areas.

“Our facilities in the rural areas will be affected especially with logistics.” Liborius said.

“Its very expensive in terms of fuel and airfares to transport staff, food supplies and medical supplies and also in doing patient

referrals, conducting MCH clinics and outreaches.”

However, Liborius said she will be looking at opportunities or gaps on availability of transportation from the Government, NGOs, Western Provincial Health Authority and other funding sources to do integrated patrols/outreaches.

She has also informed her staff to as much as possible integrate COVID-19 awareness with other operation programs during Antennal Clinics, family planning, outpatient, Maternal Child Health, Outreaches, so on.

Catholic Health Commission Secretary Sr Faliszek Jadwiga in a statement to the CCHS Health Managers, said in spite of the reduction in the budget cut, they are grateful to the NDoH and all their donors for the ongoing support.

The Secretary said she hopes the budget cut will not discourage everyone but strengthen them to prioritize their activities and use the recourses to deliver essential services to the people who deserve their attention.

## 2021: YEAR OF HEALTH & CARE WORKERS

This year is designated as the International Year of Health & Care Workers in appreciation and gratitude for their unwavering dedication in their fight against COVID-19. Your support and action to ensure that our health and care workforce are supported, protected, motivated, and equipped to deliver safe health care at all times is essential.

## SECRETARY'S MESSAGE



As we begin the holy week, let us remind ourselves that the spirit of Easter is all about Hope, Joy, Peace and Love. I am pleased to release the first edition of the *Pulse* for 2021. In this edition, we journey through the many good work that has been done at the diocese level despite the COVID 19 pandemic. We pray for everyone who is affected by this global crisis and for the lives that have been lost. The COVID19 virus has now spread to almost all provinces and the reported death toll is increasing. I want to encourage everyone to adhere to the control measures put in place and to abide by the new normal or *Niupla Pasin*. There has been a lot of myth and uncertainty around the COVID19 vaccine. We are working closely with the Catholic Bishops Conference to release a statement on this. We know that Pope Francis supports the global vaccination effort, but emphasises on morality and individual freedom of choice. The year 2021 brought blessings and a bit of sadness. As a nation we mourn the passing of Great Grand Chief Sir Michael Somare, first Prime Minister of Papua New Guinea and someone who has had a massive influence on the political landscape of the country. His passing united the nation as we saw from the two weeks *Haus kra* in Port Moresby and other parts of the country. We also lost a staunch supporter of the Catholic Church Health Services, Late Dr Paison Dakulala. Dr Dakulala served as a member of the CCHS National Board for a number of years and at the time of his passing he was Deputy State of Emergency Control and Deputy Secretary for National Department of Health. We pray for both souls to find eternal rest. Our team at the national office is growing as we see the need to further strengthen our coordination with the dioceses. We welcome a new M&E Manager, Gaius Sabumei and two new M&E Officers, Francis Tulem and Sally Laka. They are joined by Harriet Wasina who will be working closely with the training institutions and Nancy Aloitch who will be working on the Kiunga Nutrition project. We are now managing 16 diocesan payrolls at the National Office. Let me clarify that this is not Alesco payroll but an approach that is preparing us for it. A number of circulars have been sent in relation to the payroll amalgamation and I encourage the dioceses to contact the National Office if you have questions. The COVID19 restrictions has now delayed most of the activities we initial plan to conduct before June of this year. This included a number of clinical trainings and a M&E follow-up training. We also plan to conduct supervisory visits to a number of diocese but this is now delayed. I will appeal to the dioceses to keep in constant contact with the National Office as this is the only way we can all help each other. We also plan to conduct a leadership training for health managers, however this will also be delayed until further notice. The National Office will keep you all updated on progress of activities. To conclude, I want to wish you all Happy Easter celebrations. During this very difficult time, let us all reflect on the death of Jesus Christ and find strength and comfort. Let us prioritize our health and that of our families and neighbours. I wish all your families receive immeasurable blessings, love, peace and wealth during this Easter. May you all continue to help the needy ones, especially those who are sick and keep the attitude of gratitude always!

**Sr Jadwiga Faliszek**  
CCHS National Secretary

## SHRIP UPDATE

The integration of HIV standalone facilities into broader health setting is a process under taken through the Sexual Reproductive Health Integration project since 2017. Phase 2 of the SRHI project began in July 2020 and focuses on ensure that we build stronger systems, better health services, stronger partnerships and stronger community engagements.

At the start of 2021, a supervisory visit was conduct to the Autonomous Region of Bougainville. The purpose of the visit was to follow-up on the progress of integration for the three HIV standalone facilities; Mary Mother of Hope in Buke, Our Lady of Mercy in Arawa and St Vincent De Paul in Buin. All three facilities will continue to operate but with slight adjustments to the services and introduction of some new programs.

There were few other supervisory visits planned out, however due to the COVID19 restrictions on travel, these visits have been deferred to a later date.

Prior to the supervisory visit, a reflection workshop was held with Health Managers and Diocesan Integration Officers from 11 dioceses. The weeklong workshop provided the opportunity for the National Office and engage directly with the Health Managers and DHSIOs on operational and program level issues. The workshop was timely and helpful, especially when implementation of key activities was delayed at the provincial level.

Most activities planned under SRHIP for the first 6 months of 2021 have been deferred. The National Office is exploring options of coordinating and implementing some of the activities. The use of the virtual platforms such as zoom and Microsoft teams have been considered. Under SRHIP, the National Office will be reaching out to dioceses to assess existing capacity on ICT (Information Communication & Technology) and areas that can be supported for virtual connectivity.

In the first quarter of 2021, most of the eleven dioceses have been provided with activity grants to support their operations. The following activities have been implemented so far, community outreach, support for HIV patient, inter-province supervisory visits and meeting for clinic officers In-Charge.

During the COVID19 pandemic, support has been provided towards community messages and the development of awareness videos that are being disseminated to all the provinces. Dr John Millan and the Australasian Society of HIV, Viral Hepatitis and Sexual Health Medicine have been providing clinical advise on HIV in the context of COVID19.



**Diocesan Health Service Integration Officer for Bougainville Rosemary Ravana (Left) and Diocesan Health Manager Michaeline Pau during their case study presentation at the DSHIO Review Workshop in February.**

YAHA ready for Need Assessment rollout



**NCD YAAC with Facilitators Melky David and Maureen Lesley after the Focus Group Discussion.**

**Port Moresby:** Five Youth and Adolescent Advisory Committee for the National Capital District had their first initial meeting and Focus Group Discussion on 8<sup>th</sup> of March at the National Office. Thirteen YAAC altogether were recruited in the five pilot

dioceses, however due to travel restrictions and increase cases of COVID-19 they were not able to attend the meeting. Five were from NCD and two from Bereina, Mendi, Goroka and Lae. The committees are volunteers engaged to contribute in the development of a strategy that will be adapted into Catholic Health Clinics to meet the Sexual Reproductive Health needs of young people in PNG.

Youth and Adolescent Health is an initiative designed under SRHIP II, to help young people access safe SRH services.

During the first FGD with the NCD YAAC, they were able to explore reproductive health priorities and needs, and also give their perspectives on SRH service needs of young people.

The first needs assessment study will be conducted in Bereina Diocese in Central Province, followed by NCD, Mendi, Goroka and then Lae.

The Needs Assessment Study will identify priority RSH needs of young people with implications for improving this service in PNG.

YAAC in each pilot dioceses will also have their induction meeting with the YAHA officer on what the initiative is and how their contribution is need.

DHSIO workshop a success



**Bougainville Catholic Health Manageress Michaeline Pau and DHSIO Rosemary Ravana actively participating during the workshop.**

A successful Diocesan Health Service Integration Review Workshop was conducted from the 9<sup>th</sup> to the 11<sup>th</sup> of February at the Catholic Bishop Conference centre in Port Moresby.

It was spearheaded by Health System Coordinator Silentia Tulem and the National Catholic Church Health Service office team. The participants were inclusive of the Diocesan Health Services Integration officers (DHSIOs) and their Health Managers in the 11 respective Provinces that are engaged in the Sexual & Reproductive Health Integration Project (SRHIP) for Phase 2.

The aim of the workshop was to come together as a team and share their learnings from experiences of the inception of SRHIP 2 in the respective provinces to better the current health system and services.

A few dioceses presented their Activity Implementation Plan for the year, others received help from the facilitators and were able to send in the AIP after the workshop.

Integration of four remaining facilities was also discussed at length in order to finalized.

Autonomous Region of Bougainville diocese shared an informative presentation on their facilities and the three standalone HIV Voluntary Counselling sites that were integrated in phase two of the project.

17 Diocese had pay centralised

**NCD:** National Catholic Church Health Services is working on centralizing the payment of its staff's salaries before the end of the second quarter.

NCCHS Corporate Director Jeffrey Vagalia said 17 out of the 22 dioceses who have provided their biodatas, are being paid from the National Office while the remaining five are yet to submit their biodatas. Dioceses that have submitted their biodatas, were asked to resubmit their data as the office is currently doing a payroll audit.

“This is so that we can cross check against the staff who are currently employed and who is on the payroll,” Vagalia said.

“Within the next three months, we are hoping to centralize all the dioceses before we move on to the Alesco.” He added.

CCHS four hospitals will have to go onto Alesco immediately after a meeting between the Management



**National Office Payroll officers working tirelessly to centralise CCHS pay system.**

at the NCCHS met with the Department of Personnel Management. The four CCHS hospitals are Migendi Rural hospital in Kundiawa, Raihu Rural Hospital in Aitape, St Mary's Vunapope District Hospital in East New Britain and Wataluma District in Milne Bay.

4th Quarter Report submitted to NDoH

National Catholic Church Health Services successfully submitted its fourth quarter report to the National Department of Health in January this year.

Projects Director Graham Apian said the major highlight of the report was the transition of Sexual Reproductive Health Integration Project (SRHIP) from phase one to phase two.

“The main achievement under SRHIP was the integration of five facilities that now we've been able to categorized under at least under one of the four integration models. The facilities are St Joseph VCCT in Goroka, Re-biamul VCCT/ART, Bishop Henry Aid-Post in Lae and three facilities in

Bougainville, Mary Mother of Hope VCCT, Our Lady of Mercy and St Vincent De Paul.

Other major highlights of the quarter were the infrastructure extension of Banz Urban Clinic in Jiwaka, Bishop Henry Aidpost in Morobe and the ward maintenance of Tearouke Clinic in Bougainville. CCHA had received a number of financial supports from its partners, NDoH, DFAT, Global Fund and UNICEF in that quarter that helped boost the work on the ground. Monitoring and Evaluation report for 2017 to 2019 were printed and distributed to the 21 dioceses around the country.

**Raihu Hospital on Lockdown**



*Medical wards were disinfected and are empty as the hospital is on lockdown*

**Aitape:** Raihu Rural Hospital in Aitape, West Sepik, is on lockdown after an infant and eight clinical staff were tested positive for Corona Virus in late February. “The first case was an infant, who is now recovered and doing well,” Aitape Catholic Health Service Manager

Sr Lorna Kawa said. Through contact tracing, eight out of 49 staff were tested positive and were asked to go into isolation. “They were all asymptomatic upon testing,” Sr Lorna said. She added that hospital is not in complete lockdown as the obstetric and medical wards are accept emergency referrals from other clinics. Contact tracing will also be done to the families of the staff diagnosed. The Raihu School of Nursing was also lockdown since it was connected to the hospital. A team of health workers form the hospital has also been going out to the town and public places to do awareness on the New Normal Health Measures and the Hospital’s current situation.

**Staff received COVID testing training**



*Valoka Health Centre staff being trained in the donning and doffing of Personal Protective Equipment.*

**Kimbe:** Valoka Health Centre will be providing COVID-19 testing for its 20 044 -catchment population after its staff received training in early February. Nine healthcare workers from the Valoka Health Centre received the antigen detection rapid diagnostic test training. The training was facilitated by a team from the World Health Organisation at the health centre’s laboratory building. Four community health workers, four



nursing officers and a lab technician will now be able to test patients for COVID-19. Ag-RDT detects the virus that causes COVID-19 in respiratory samples using lateral flow immunoassay. It is easy to use and provides tests results in less than 30 minutes. The participants were also given proper training on the donning and doffing of Personal Protective Equipment’s.

**Banz 2 UC opens extension**



*His Excellency Archbishop Douglas Young with Fr Peter Ripa and Paul Zulu in front of the new extension.*

**Jiwaka:** Banz 2 Day Clinic has been actively adhering to the new normal health measures since the facility opened its extension in December last year. “Here in Banz we are doing triaging separately, no mask no entry, COVID-19 health education every morning and staff to clean up every afternoon.” CCHS Health Integration Officer Paul Zulu said. Through the Sexual Reproductive Health Integration Project supported by the Australian government clinic extension can now accommodate HIV and ART services ,well women clinic and also adhere to the new normal measures. Zulu said despite the facility being badly deteriorating, it was kept open to serve the 7000 plus catchment population in North Waghi who depended on the health clinic services. His Excellency, Archbishop Douglas Young of the Mt Hagen Archdiocese blessed and officially opened the renovated and extension of the facility. The Clinic was one of few remaining facilities established over 40 years ago by missionaries under the Mt Hagen Archdiocese. The local population now have access to a new, improved and spacious facility that they can call their own.

**Nutrition Program see results**

The Infant Young Child Feeding and Nutrition program has brought about a much-needed aid to communities in Daru-Kiunga Diocese since its implementation in October 2020. The program is funded by UNICEF and rolled out by Catholic Church Health Services and Evangelical Church of PNG in partnership with the National Department of Health. It aims to address malnutrition in children between the ages of 6– 72 months old as an emergency response in the context of COVID-19. Since its implementation, more than 1200 children were either diagnosed

for Severe Acute Malnutrition (SAM) or were at risk of SAM. CCHS Project Director, Mr Graham Apian said the focus of this project is to supply Micronutrient Powders (MNP) and Vitamin A tablets to the children in the communities will continue. Mr Apian added that the implementation of these activities will be carried out by Health Care Workers (HCW) and Village Health Volunteers (VHV) who were trained and attached with the health facilities in the province. There have been ongoing community awareness on IYCF practices to identify and managing SAM.



*CCHS staff performing a Mid-Upper Arm Circumference Screen on a child.*

**Goroka and Lae celebrates IWD**



**Staff from the Centre of Mercy in Lae Diocese posing with #ChooseToChallenge PLACE CARDS.**

Catholic Church Health Services staff around the country joined in the celebration of International Woman’s Day by wearing purple ribbons to work today.

CCHS Lae celebrated women’s achievements in healthcare, regardless of race, tribe, culture or positions.

Each of the CCHS Lae employee received a purple ribbon and all the female staff received an IWD gift card to commemorate the day.

Although they celebrate IWD every year, this year is special as all their male colleagues showed their support by wearing the purple ribbon and posing for pictures with placards of challenges.

While in Goroka, staff at St Joseph VCT celebrated the day with a light refreshment to acknowledge the tireless woman who care for People living with HIV and carry out awareness in the communities over the years.

CCHS joined in the global #ChooseToChallenge campaign to call out inequality, support woman’s rights, celebrate woman’s

achievements and collectively assist women who access services and to be in a position of power to make informed decisions about their health.

Integration Officer for CCHS Lae, Samantha Tirang said woman in health are exposed to many risks everyday of their lives, yet their achievements go unnoticed.

“Being a healthcare worker, you achieve something everyday when you diagnose a patient, prescribe medicine and save a life which is the greatest achievement.

“In CCHS we learn to treat our patients with love, care and compassion and that is the greatest gift we can give to our patients.

She added that they are grateful that their male colleagues showed their support today as well as every day.



**Clinic Celebrated WDoS**

**Alotau:** Staff and patients of Sideia Health Sub-centre in Milen Bay, joined Catholic faithfuls around the world in a double celebration on the 11<sup>th</sup> of February.

The combined celebration was to commemorate the 29<sup>th</sup> World Day of the Sick and the liturgical memorial of the Blessed Virgin Mary of Lourdes.

People of Sideia started the day off with a holy mass in the grotto of Our Lady of Lourdes, where the health staff and their families led the liturgy at Sedeia Mission Centre

This was followed by a common meal shared among staff, patients and their guardians at the Health Centre.

After the mass, the Officer in Charge gave a heart-warming speech of gratitude to the staff and guardians and presented each patients with gifts.

Stated in the message from His Holiness Pope Francis, the celebration is an opportunity to devote special attention to the sick and those who provide them with assistance and care both in healthcare institutions and within families and communities.

“To Mary, Mother of Mercy and Health of the Infirm, I entrust the sick, healthcare workers and all those who generously assist our suffering brothers and sisters. From the Grotto of Lourdes and her many other shrines throughout the world, may she sustain our faith and hope, and help us care for one another with fraternal love. To each and all, I cordially impart my blessing.”



**The OIC, staff, guardians and the patients closed the celebrations with a shared meal.**

**Manus Signs SLA with PHA**



**Holding the signed Agreement, Chairman MPHA Mr Siwer, His Excellency Archbishop Rochus Tatamai and Dean for Manus Fr Clement Taulam.**

**MANUS:** Catholic Church Health Services of Manus has paved the way for other Niugini Islands in signing the Service level partnership agreement with Manus Provincial Health Authority on the 5<sup>th</sup> of March.

His Excellency, Archbishop Rochus Josef Tatamai said Manus as a deanery has paved the way for the Diocese of Kavieng.

“I want to see similar documentation and signing for the other dioceses of Bougainville, Kimbe, Kavieng and Rabaul Archdiocese.”

National Health Secretary for CCHS, Sr Faliszek Jadwiga was unable to attend the ceremony due to the increase in COVID-19 case in Port Moresby.

Other authorised signatories to the agreement present were Archbishop Rochus Tatamai and Chairman for Manus PHA. Robert Siwer.

The Dean of Manus Deanery, Fr. Clement Taulam in his opening remarks, acknowledged Manus CCHS Manager Michael Marau and CEO for Manus PHA for their commitment in the Mr. Siwer said CCHS and PHA for Manus have been working as a team over the years and this event will strengthen them to serve the people better.

“Thankyou CCHS Manus for serving our rural villages and know this, PHA Manus will continue to assist you as we go into the future.”

The event was witnessed by catholic faithfuls, priests, interested public, staff of Manus CCHS and PHA at the St Michael Catholic Church in Lorengau.

National Office Perspective on COVID-19



**NCCHS Support Staff Jane Mero adhering to the workplace safety measures at the Workplace.**

National CCHS office is adhering to the Measures that the National Office of the Controller has sent out. The 12 measures have been circulated to all Health Managers during the month of

March from the NCCHS Office. Provincial Administrators as per measure number 4 is given the powers under the *Pandemic Act* to be responsible for the implementations of all the measures in each respective province. CCHS Management urges diocese health offices to work closely with the Provincial Advisory Group set up within the provinces during this COVID-19 surge. The Provincial Advisory Group comprises of chairperson (Provincial Administrator), Provincial Police Commander, Chief Executive Officer of the Provincial Health Authority (PHA) Chief Executive Officers of the District Development Authorities, Other person the Provincial Administrators appoints, Church Representatives, Business Council Representative and Nonvoting member opted by the taskforces. CCHS National Secretary, Sister Jadwiga Faliszek has maintained that CCHS Health Diocese Office works with the PHA and establish COVID-19 Provincial Advisory Group (PAG) in the provinces for ease of coordination.

Meanwhile CCHS National Office is working around the clock to secure support to assist the clinics, this may take time and so it is important to work with the PAG in the provinces and ensure our services continues. She encourages an open communication to the national office and Provincial Advisory Group during this time.

**Hand Hygiene**  
*Use alcohol based hand rub or wash hands with soap and water.*

1. After body fluid exposure
2. After touching surroundings .

**Diocese Update**

The surge in the number of people being diagnosed or dying from COVID-19 in the country is both alarming and concerning. Based on the information provided by Health Managers in the March, there has been a number of the Catholic Church Health Services staff diagnosed with COVID-19. Aitape Diocese was the first to report eight of its frontline workers being diagnosed after coming in contact with their first case. Other dioceses that reported positive cases were, Vanimo, Kimbe, Kundiawa, Goroka and Mt Hagen. Four CCHS facilities have been chosen to do COVID-19 tests, they are Migendi District Hospital in Kundiawa, Lote Health Sub-centre in Vanimo, Valoka Health Centre in Kimbe and St Mary's Vunapope District Hospital in Rabaul. One of the biggest problem facilities face

now is the shortage of Personal Protective Equipment. With the increase in cases, all staff are advised to continue practicing the basic five;

- Wash hands frequently with soap
- Cough or sneeze into elbow
- Social distancing of 1.5 or 2 meters
- Avoid touching eyes nose and mouth.
- If your feeling sick, seek medical help.

Few of the health managers have reported that their facilities are doing triaging and screen of their patients. It important that all facilities should have a triage station at the facility entrance before allow patients to enter the waiting area or screen patients for COVID-19. Triageing will help in identify COVID-19 suspects and establish further investigation, diagnose and provide proper referral for testing or management.



**Mingende Rural Hospital Triage team Mr. Lucas Wenambo, Driver Michael Wau & DDNS Mr. Thomas Sipa in 2020.**

**COPING WITH STRESS DURING COVID-19**

It's normal to feel sad, stressed, confused, scared, or angry. Talking to people you trust can help.



Seek professional help for physical and mental health needs instead of using smoking, alcohol, or drugs to cope.



Maintain a healthy lifestyle as best as you can with proper diet, adequate sleep and exercise, and social interaction with loved ones at home or online.



Lessen the time you and your family spend watching or listening to media coverage of news that you find upsetting.

# CHILL OUT CORNER





## COVID-19 CONTAINMENT MEASURES

- TRAVEL BETWEEN PROVINCES RESTRICTED TO ESSENTIAL PURPOSE
- MASKS ARE MANDATORY IN MARKETS, ENCLOSED PUBLIC SPACES AND TRANSPORT.
- RESTRICTIONS ON GATHERING
- SPORTING MATCHES RESTRICTED TO GAMES OF FOUR PEOPLE
- RESTRICTED TRADING HOURS



**FAILURE TO COMPLY IS AN OFFENCE UNDER  
THE NATIONAL PANDEMIC ACT 2020**

### Important Upcoming Dates 2021

#### APRIL

1st: Holy Thursday of the Lord's Supper  
 2nd: Good Friday of the Lord's Passion –Public Holiday  
 3rd: Holy Saturday  
 4th: Easter Sunday of the Lord's Resurrection  
 5th– 10th: Days in the Octave of Easter  
 5th: Easter Monday Public Holiday  
 7th: World Health Day  
 11th: 2nd Sunday of Easter (Divine Mercy)  
 18th: 3rd Sunday of Easter  
 25th: World Malaria Day  
       : 4th Sunday of Easter  
 26th - 30th: World Immunisation Week  
 29th: St Catherine of Siena Feast day

#### MAY

2nd: 5th Sunday of Easter  
 3rd: St Philip & St James Feast day.  
 4th: World Asthma Day  
 5th: World Hand Hygiene  
 8th: Mother's Day  
 9th: 6th Sunday of Easter  
 12th: International Nurses Day  
       :Chronic Fatigue Syndrome Day  
 13th: Ascension of the Lord  
 14th: St Matthias Feast day  
 16th: 7th Sunday of Easter  
 18th: World AIDs Vaccine Day  
 23rd: Pentecost Sunday  
 24th: Blessed Virgin Mary Feast day  
 26th: St Philip Neri Feast Day  
 30th: The Most Holy Trinity  
 31th: World No Tobacco  
       :The Visitation of the Blessed Virgin Mary

#### JUNE

1st: St Justin Feast day  
 3rd: The Most Holy Body and Blood of Christ  
 5th: St Boniface feast day  
 7th: Queens Birthday– Public Holiday  
 8th: World Brain Tumour Day  
 11th: The Most Sacred Heart of Jesus  
 12th: The Immaculate Heart of the Blessed Virgin Mary  
 14th: World Blood Donor Day  
 21th: St Aloysius Gonzaga Feast Day  
 24th: The Nativity of St John the Baptist  
 28th: St Irenaeus Feast day  
 29th: St Peter & St Paul Feast day

share your wonderful stories and pictures  
with us.

Email to:

[comsadvocacy@catholichealthpng.org](mailto:comsadvocacy@catholichealthpng.org)

### GAME Sudoku

A logic-based, combinatorial number-placement puzzle. In classic sudoku, the objective is to fill a 9×9 grid with digits so that each column, each row, and each of the nine 3×3 sub grids that compose the grid contain all of the digits from 1 to 9.

Lets do some Math.

		3		4	2		9	
	9			6		5		
5							1	
		1	7			2	8	5
		8				1		
3	2	9			8	7		
	3							1
		5		9			2	
	8		2	1		6		

## Happy Easter



Easter is the celebration of Christ's resurrection from the dead. It is celebrated on Sunday, and marks the end of Holy Week, the end of Lent, the last day of the Easter Triduum (Holy Thursday, Good Friday and Easter Sunday), and is the beginning of the Easter season of the liturgical year.

As we know from the Gospels, Jesus Christ rose from the dead on the third

day following his crucifixion, which would be Sunday. His resurrection marks the triumph of good over evil, sin and death. It is the singular event which proves that those who trust in God and accept Christ will be raised from the dead.

### IMPORTANT NUMBERS

COVID –19 Hotline: 1800 200  
 Domestic Violence: 715 8000  
 Reporting on Rape: 321 1714 or 320 3728  
 Family and Sexual Violence Unit: 3211397 or 3211714  
 Human Trafficking: 7100 7777  
 1 Tok Kaunseling : 7158000



Care & Compassion

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